

# 16th Annual CENTER FOR CIRCADIAN BIOLOGY SYMPOSIUM

*March 2-3, 2026*  
*UC San Diego*

Seaside Forum, Scripps Institution of Oceanography

## Circadian Time and Metabolism: from Mechanisms to the Clinic

This symposium will address key gaps in circadian biology by promoting dialogue, collaboration, and innovation at the intersection of circadian rhythms, metabolism, cancer biology, and aging research.

### TOPICS

Tissue Clocks and Integrated Physiology  
Nutrient Timing and Metabolic Homeostasis  
Circadian Disruption and Chronotherapeutics  
Model Organisms and Molecular Clock  
Mechanisms

Presentations on the latest research  
Q&A discussions  
Networking, collaborating, and reconnecting  
Poster session with prizes

[Preliminary Program](#)



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**Early Bird**  
**Registration through**  
**1/25/26**

**Registration**  
**closes on**  
**02/08/26**

